

## Kiwifruit Processing Company (2021) Limited

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## **Green Composite Index**

## PRODUCT NAME: Frozen Green Kiwifruit Puree Single Strength (all types)

Nutrient	Units	Value per 100 grams **
Energy *	kcal	57
Protein	g	1.2
Total lipid (fat)	g	0.7
Ash	g	0.5
Carbohydrates, available	g	9.1
Fibre, total dietry	g	3.0
Sugars, total	g	8.8
Calcium, Ca	mg	27
Iron, Fe	mg	0.2
Phosphorus, P	mg	34
Potassium, K	mg	300
Sodium, Na	mg	2.3
Zinc, Zn	mg	0.1
Selenium, Se	ug	0.6
Vitamin C, total ascorbic acid	mg	85.1
Vitamin B9, Folate	ug	38
Vitamin E	mg	0.86

<sup>\*</sup> Note: Based on USDA calculation format

Source: http://zespri.com/Documents/Nutrition-table.pdf



<sup>\*\*</sup> Note: Based on a typical fruit - Variations may occur due to season. This is a guide only and our product results may vary slightly with above.