

	<b>Kiwifruit Processing Company (2021) Limited</b>	Revision No: 01
	<b>Gold Composite Index</b>	Issue Date: 01-02-2022
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**PRODUCT NAME: Frozen Gold Kiwifruit Puree Single Strength (all types)**

Nutrient	Units	Value per 100 grams **
Energy *	kcal	63
Protein	g	1.02
Total lipid (fat)	g	0.28
Ash	g	0.47
Carbohydrate, available	g	15.8
Fiber, total dietary	g	1.4
Sugars., Total	g	12.3
Calcium, Ca	mg	17
Iron	mg	0.21
Magnesium, Mg	mg	12
Phosphorus, P	mg	25
Potassium, K	mg	315
Sodium, Na	mg	3
Zinc, Zn	mg	0.08
Manganese, Mn	mg	0.048
Selenium, Sn	ug	0.4
Vitamin C, total ascorbic acid	mg	161.3
Vitamin B9, Folate	ug	31
Vitamin E	mg	1.4
Vitamin K	ug	6.1

\* Note: Based on USDA calculation format

\*\* Note: Based on a typical fruit - Variations may occur due to season. This is a guide only and our product results may vary slightly with above.

Source: <http://zespri.com/Documents/Nutrition-table.pdf>

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